



Master Ray Gayle VII Degree

Professional Unification of Martial Arts (P.U.M.A.)

34 The Ridings, Kington St Michael, Wiltshire, SN14 6JG

Tel: 01249 750394 / 07976 525773

Dear Instructor,

P.U.M.A. NORTHERN CHAMPIONSHIPS 2011

Please find enclosed the details for the P.U.M.A. Northern Championships to be held on Saturday 26th March 2011 at; Parkwood Community Leisure, Thames Drive, Biddulph, Staffordshire Moorlands, ST8 7HL

The schedule will be as follows:

09.30 am	Doors open
10.00 am	Junior weigh-in
10:00 am	Junior patterns (including black belt juniors)
10:00 am	Musical patterns
10.00 am	Junior high kick followed by sparring (including black belt junior sparring)
12:30	Adult coloured belt weigh-in followed by patterns and sparring
02:00 pm	Black Belt weigh-in

Competition Entry Fee

Adult/Junior:	One event £15, each event thereafter £5.
Little P.U.M.A.:	£13.00 per competitor for both events.
Spectators:	£5

Closing Date for Entries

Entries sent via email to chairman@puma-uk.com and must be **no later than Monday 21st March 2011**
Please send payment to Master Gayle at the above address **no later than Monday 21st March 2011**

Sparring

Point stop for grades up to and including 5th kup (Blue Stripe).

Continuous sparring for 4th kup (Blue Belt) and above.

Cadets are aged 16 to 18 years old.

Veterans are aged over 35 for ladies and over 40 for men.

Sparring Divisions

Male Coloured Belt Divisions

Yellow and Green Belts - Blue and Red Belts	
Lightweight	up to and including 64kgs
Welterweight	over 64kgs up to and including 72kgs
Middleweight	over 72kgs up to and including 80kgs
Heavyweight	over 80kgs

Male Black Belt Divisions

Flyweight	up to & inc. 58kg
Lightweight	over 58kg to & inc. 64kg
Welterweight	over 64kg to & inc. 70kg
Middleweight	over 70kg to & inc. 76kg
Lighthheavy	over 76kg to & inc. 80kg
Heavyweight	over 80kg

All Female Divisions

Yellow and Green Belts - Blue and Red Belts – Black Belts

Flyweight	up to & inc. 57kgs
Lightweight	over 57kgs up to and inc. 63kgs
Middleweight	Over 63kgs up to and inc. 70kgs
Heavyweight	Over 70kgs

Junior Divisions

Yellow and Green Belts - Blue and Red Belts – Black Belts

Pee Wee	up to and including 4' 6"
Lightweight	over 4' 6" up to and including 5'
Middleweight	over 5' up to and including 5' 6"
Heavyweight	over 5' 6"

Destruction

Male Divisions – Board

Blue Belts	Hand Technique	Knife hand strike
	Foot Technique	Standing side kick
Red Belts	Hand Technique	Knife hand strike
	Foot Technique	Turning kick
Black Belts	Hand Technique	Any hand excluding elbow
	Foot Technique	Reverse turning kick

Female Divisions – Board

Blue and Red Belts	Hand Technique	Any hand technique including elbow
	Foot Technique	Any standing kick
Black Belts	Hand Technique	Any hand technique including elbow
	Foot Technique	Any standing kick

Please note: Students are allowed to compete in more than one destruction event. An additional fee is required for each separate destruction category.

Bo/Jang Bong

Two competitors will compete at the same time; the successful competitor will progress through to the next round.

Junior Division

Black Belt Boys and Girls, any choice of Bo forms 1, 2 or 3.

Adult Division

Same as Juniors.

Junior High Kick

Little P.U.M.A.s	in their own division; height decided on the day
Pee Wee	up to and including 4' 6"
Lightweight	over 4' 6" up to and including 5'
Middleweight	over 5' up to and including 5' 6"
Heavyweight	over 5' 6"

Patterns Divisions

Little P.U.M.A.s Perform the Little P.U.M.A. competition pattern.

Proprietor – Professional Unification of Martial Arts Limited – registered in England and Wales. Company No 4067592
Registered Office – 34 The Ridings, Kington St Michael, Wiltshire, SN14 6JG

Form as at 1st Jan 2009

PUMA 1, 2, 9 th kup	Sajo Makgi/Jirugi or Chon Ji
8 th and 7 th kup	Chon Ji or Dan Gun
6 th and 5 th kup	Do San or Won Hyo
4 th and 3 rd kup	Yul Gok or Joong Gun
2 nd and 1 st kup	Toi Gye or Hwa Rang
1 st Dan and above	Must perform a pattern of their grade

Please note: In the final of the Black Belt patterns there will be one optional pattern and one designated pattern.

Master R Gayle
Chairman
P.U.M.A.